

**BILATERAL
CONTACT SEMINAR**



**BULLYING-FREE
CLASSROOMS:**

LIFE SKILLS

@#&!

PRACTICAL TOOLS



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**+ 09-11
OCT. 2026**

**MARATHONAS.
ATHENS.GREECE.**

Target audience: Primary- Secondary Teachers

Bilateral Contact Seminar

Bullying•Free Classrooms: Life Skills & Practical Tools

9-11/10/26-Marathonas-Athens- Greece

Friday, 9 October 2026	
Venue: Golden Coast Hotel & Resort	
16:15 - 16:45 Local time	Registration and welcome coffee
16:45 - 17:15	Official Opening and Welcome Remarks Prof. Michael Paraskevas – GR NSO Coordinator, Vice President of Computer Technology Institute and Press «Diophantus» Chrysa Kapralou – GR NSO Project Manager, Computer Technology Institute and Press «Diophantus» Panagiotis Angelopoulos – GR NSO, Digital Services Analyst and Project Manager, GRNET - Greek Research & Technology Network Mr Ioannis Papadomarkakis - Secretary General for Primary, Secondary and Special Education at the Hellenic Ministry of Education, Religious Affairs and Sports
17:15 - 18:15	Keynote Session Keynote Speech 1-30 min From Policy to Practice: European Cooperation and Life Skills for Bullying-Free Classrooms Panagiotis Passas – Director General for International and European Affairs at the Hellenic Ministry of Education, Religious Affairs and Sports Ms Panagiota Karkaletsi - Head of the unit of European Programmes at the Hellenic Ministry of Education, Religious Affairs and Sports Keynote Speech 2-30 min Preventing Cyberbullying and Reconnecting Classrooms with eTwinning Ms Caterina Bastianello - eTwinning Ambassador (IT)

18:15 - 18:45	Networking Activity GR NSO Galanos Andreas - Vasilopoulou Maria - Kouzouli Sofia
20:00	Welcome Reception/Buffer Dinner

Saturday, 10 October 2026	
Venue: Golden Coast Hotel & Resort	
10:00 - 11:30	Workshop Session I* From self-awareness to a bullying-free classroom environment: Tools and methods Electra Bada, Ph.D. - WHO Focal Point for Health Promoting Schools-Greece Institute of Child Health Department of Social and Developmental Pediatrics
11:30 - 12:00	Coffee break
12:00 - 13:30	Workshop Session II* From Empathy to Action: Building Inclusive Classrooms Through Student Voice Margarita Samoutian - Early Childhood Education Teacher Etwinning Ambassador Maria Tsapara - Head Teacher Phd Candidate Ste(A)M & Sustainability Educator
13:30 - 14:30	Lunch
15:00	Guided tour and cultural activity - Sounio/ Poseidon Temple
20:30	Dinner - Sounio

Workshop Session I

(10:00 - 11:30)

Group 1

From self-awareness to a bullying-free classroom environment: Tools and methods

[Electra Bada, Ph.D.](#)

Group 2

From Empathy to Action: Building Inclusive Classrooms Through Student Voice

[Margarita Samoutian - Maria Tsapara](#)

Workshop Session II

(12:00 - 13:30)

Group 1

From Empathy to Action: Building Inclusive Classrooms Through Student Voice

[Margarita Samoutian - Maria Tsapara](#)

Group 2

From self-awareness to a bullying-free classroom environment: Tools and methods

[Electra Bada, Ph.D.](#)

★ *For the optimal running of the workshops, you need to bring your devices (laptops, iPad, tablet).*

Sunday, 11 October 2026	
Venue: Golden Coast Hotel & Resort	
09:30 - 10:30	TwinSpace & Collaboration in eTwinning Projects IT NSO Ladopoulos Kostas – Peruch Ester
10:30 - 11:00	How to plan and register an eTwinning project GR NSO Vasilopoulou Maria – Kouzouli Sofia – Galanos Andreas
11:00 - 11:30	Coffee break
11:30 - 12:30	Presentation of Registered Projects on platform GR NSO Galanos Andreas - Vasilopoulou Maria - Kouzouli Sofia
12:30 - 13:00	Closing of the Seminar
13:00	Lunch

KEYNOTE SPEAKERS

From Policy to Practice:

**European Cooperation and Life Skills
for Bullying-Free Classrooms**

Mr Panagiotis Passas, Ms Panagiota Karkaletsis

Building Connections:

Preventing Cyberbullying and Reconnecting Classrooms with eTwinning

Ms Caterina Bastianello



Panagiotis Passas is the Director General for Human Resources at the Hellenic Ministry of Education, Religious Affairs and Sports. He concurrently serves as the acting Director General for International and European Affairs, Education for the Hellenic Diaspora, and Intercultural Education. He chairs both the national working group steering the implementation of Erasmus+ across the two National Agencies and the National Authority's audit body under Regulation (EU) 2021/817, and acts as National Coordinator for Greece's report on the programme's implementation and impact. He represents the Ministry in eTwinning, Europe's digital collaboration platform for schools, and chaired the scientific working group behind the Erasmus+ KA3 project Teachers4Europe. He is Greece's national representative in the EU High Level Group on Education and Training and on the OECD Education Policy Committee, and a member of the Governing Boards of the European Training Foundation and the Council of Europe's European Centre for Modern Languages. A graduate of the Hellenic National School of Public Administration, he holds Master's degrees in International Relations and Strategic Studies, and in Public Administration and Public Management.



Panagiota Karkaletsis is the **Head of the Department of European Programmes at the Hellenic Ministry of Education, Religious Affairs and Sports, the Erasmus+ National Authority for Greece**. She represents Greece on the European Commission's Erasmus+ Committee for Education and Training and serves as alternate national representative in the Erasmus+ Expert Group. Within the National Authority, she sits on the programme's coordination and audit

structures under Regulation (EU) 2021/817 and served as Deputy National Coordinator for Greece's national Erasmus+ report. She is a member of the national support organisation for eTwinning, Europe's digital collaboration platform for schools. She is Digital Officer for the European Student Card, a national expert to Eurydice, including the Greek edition of Digital Education at School in Europe, and worked on the Erasmus+ KA3 projects ACT and Teachers4Europe. She has served in Greek delegations to United Nations treaty bodies in Geneva. She holds Master's degrees in Educational Policy and Administration, Governance and Public Policies, and TESOL, and is a PhD candidate at the University of Ioannina.



Caterina Bastianello is an **English teacher at ICS "G. Parise" Arzignano-Montorso Vicentino**, a Lower Secondary School in Italy, and an enthusiastic eTwinner ambassador, actively involved in ITE. She believes in the power of motivation, creativity and empathy in education. Through short films and international projects, she engages students, fosters meaningful learning, and promotes collaboration and cultural exchange.

The integration of digital technologies into young people's lives has transformed the ways they communicate, interact, and participate in society, while also creating new challenges to their well-being and online safety. Among these, cyberbullying stands out as a significant educational and social concern that cannot be addressed through regulation alone, but requires a strong focus on prevention and education.

This keynote speech examines the importance of connections in preventing cyberbullying by shifting the focus from merely managing online risks to fostering meaningful relationships. In this perspective, eTwinning provides a valuable educational framework that allows students to engage in collaborative projects across borders, learning to communicate, cooperate, appreciate cultural differences, and develop mutual respect. In this way, digital spaces can create bonds that bring people together, foster inclusion, and encourage responsible and respectful interaction.

WORKSHOP LEADERS



Margarita Samoutian

**EARLY CHILDHOOD EDUCATION TEACHER | eTWINNING
AMBASSADOR**

Margarita Samoutian is an Early Childhood Education and Care (ECEC) teacher at the 2nd Kindergarten of Nea Artaki, Greece. She holds a Bachelor's degree in Early Childhood Education and a Master's degree in Counseling. An active member of the eTwinning community since 2015, she has coordinated and participated in more than 40 collaborative projects, several of which have received National and European recognition.

She also serves as an eTwinning Ambassador, Scientix Ambassador, and EU Code Week Leading Teacher. Her educational practice focuses on inclusive, creative, and sustainable learning environments that encourage student voice, participation, and the development of each child's talents through meaningful interdisciplinary learning experiences connected to everyday life.



Maria Tsapara

**HEAD TEACHER | PhD CANDIDATE | STE(A)M &
SUSTAINABILITY EDUCATOR**

Maria Tsapara is the Head Teacher of the 11th Experimental Kindergarten of Alimos, Greece, and a PhD candidate at the University of Western Macedonia, where she is also a member of the CRINTE Lab.

Her research explores the use of board games as STE(A)M tools for Education for Sustainable Development in early childhood education. She is a certified STEAM and ICT trainer, an EU Code Week Leading Teacher for Greece, an eTwinning Ambassador, a Scientix Ambassador, and a Global Schools Advocate. She designs innovative learning experiences that integrate computational thinking, educational robotics, digital creativity, and sustainability, empowering young children to become active, creative, and responsible global citizens. Her professional and research interests include STE(A)M education, Education for Sustainable Development, Freinet Pedagogy, coding, educational technology, teacher professional development, educational robotics, and the integration of the Sustainable Development Goals (SDGs) into early childhood education.

Electra Bada



**ANTHROPOLOGIST, PH.D., INSTITUTE OF CHILD HEALTH,
FOCAL POINT FOR EUROPEAN NETWORK OF HEALTH PROMOTING
SCHOOLS-GREECE**

Electra Bada is a cultural anthropologist with studies in Media Arts (BA) and Anthropology (MA, Ph.D.) in the UK. She has worked as a lecturer and tutor in Universities in Scotland and Greece, such as Napier University of Edinburgh, University of Thessaly and the Ionian University. She has conducted ethnographic research, created documentary films on Greek Roma Gypsy families and culture and worked with intercultural education for bullying prevention and social inclusion.

Since 2006, she has worked at the Institute of Child Health, Department of Social and Developmental Pediatrics as a researcher, health promotion coordinator and project manager for national and European health education projects. She currently serves as the national coordinator and Focal Point for Greece for the European Network of Health Promoting Schools (a WHO initiative). She was the former Greek national coordinator for the Schools for Health in Europe Network Foundation (SHE) and co-author of "The European Standards and Indicators for Health Promoting Schools" (2020-2021) and "The Compass of My Self". Her current work focus is on social and emotional learning initiatives, participatory and creative methodology in school health promotion, the development of education resources, teacher training and producing audiovisual material on education and public health for children.

WORKSHOP DESCRIPTION

WorkShop I *

From Empathy to Action: Building Inclusive Classrooms Through Student Voice

Margarita Samoutian, Maria Tsapara

"From Empathy to Action: Building Inclusive Classrooms Through Student Voice" is an interactive workshop that explores how empathy, active listening, and understanding different perspectives can contribute to more inclusive and respectful learning environments. Through experiential activities, reflection, and collaborative discussion, educators consider how students' voices can be heard, valued, and meaningfully included in classroom life.

Participants explore the importance of creating space for diverse perspectives, including those that may often go unnoticed, and reflect on practical ways to strengthen student participation, agency, and sense of belonging. The workshop encourages educators to connect empathy with action and identify small, meaningful changes through thinking routines that can support a classroom culture where every student feels seen, heard, and respected.

WorkShop II *

From self-awareness to a bullying-free classroom environment: Tools and methods

Electra Bada

The workshop will focus on age-appropriate practical activities for developing a safe, inclusive and non-violent classroom environment, using a holistic approach to emotional and mental health and bullying prevention. The concept of the whole-child approach and whole-school approach will be discussed in relation to a violent-free, inclusive and friendly school environment. Educators will have the opportunity to practice activities focusing on social and emotional learning skills, mindfulness-based skills and storytelling methods for developing greater self and other awareness, self-regulation skills and communication skills for primary and secondary school students. The workshop aims to offer both practical tools and inspiration for improving student active participation, empowerment, as well as to foster respectful and supportive interpersonal relationships for a bullying-free classroom through creative methodologies, including working evidence-based materials and specific relevant stories